



Brèagha Training Salons

Beauty Treatment Summary from OCT 2024

For appointments please call tel: 01463 273273

Salon opening times: Mon - Fri 9am - 4.30pm

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
<p>FACIAL ELECTROTHERAPY TREATMENTS (Group 3 1A) One-off treatments</p> <p>The therapist will aim to carry out a treatment facial using low electrical currents which passes to the deeper layers of the skin to produce several therapeutic effects.</p> <p>Treatment could include: Facial galvanic/direct & indirect high frequency/micro-current/ microdermabrasion</p> <p><i>Benefits include: Toning & firming/improved skin texture/reduction in fine lines/ deep cleansing and an improved overall appearance of the skin.</i></p>	<p>MONDAYS</p> <p>9.15am</p>	<p>11/11/24 18/11/24 25/11/24 02/12/24 09/12/24</p>	<p>£15 per treatment</p>
<p>FACIAL ELECTROTHERAPY TREATMENTS (Group 1M) One-off treatments</p> <p>The therapist will aim to carry out a treatment facial using low electrical currents which passes to the deeper layers of the skin to produce several therapeutic effects.</p> <p>Treatment could include: Brush cleanse/facial galvanic/direct & indirect high frequency/ micro-current/microdermabrasion /paraffin wax/warm oil/ setting mask</p> <p><i>Benefits include: Toning & firming/improved skin texture/reduction in fine lines/ deep cleansing and an improved overall appearance of the skin.</i></p>	<p>TUESDAYS</p> <p>9.15am</p>	<p>19/11/24 26/11/24 03/12/24 10/12/24 17/12/24</p>	<p>£15 per treatment</p>



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EYEBROW ARTISTRY & EYELASH ENHANCEMENTS (Group 1B) One-off treatments Clients can choose from the following: 29/10/24 & 05/11/24 Eyelash & eyebrow tinting* Eyelash tint * Eyebrow tint* Brow shaping (tweeze, threading or waxing) From 19/11/24 onwards Semi-permanent eyelash extensions (individual lashes) * Semi-permanent eyelash extensions maintenance* (infills and removal) Eyelash & eyebrow tinting* Eyelash tint * Eyebrow tint * Brow shaping (tweeze, threading or waxing) <i>*Clients must have a skin test (tint and/or glue test) at least 48hrs (and no longer than 7 days) before every treatment. Patch test is carried out in the training salons.</i>		TUESDAYS 1.30pm 29/10/24 05/11/24 19/11/24 26/11/24 03/12/24	Individually priced Eyelash tint £7 Eyebrow tint £6 Eyelash & brow tint £11 Eyelash extensions £15 Eyelash infills £11 Brow waxing £5.50 Brow shaping FOC Brow threading FOC
WAXING (Group 2 1B) One-off treatments Effective hair removal using hot wax or strip wax. Full leg wax only available at 9.15am or 10.15am <i>Benefits include smoother, softer skin. Waxing treatments provide longer lasting results than from shaving or from using hair removal creams.</i>	WEDNESDAYS 9.15am 10.15am 11am	30/10/24 06/11/24 13/11/24 20/11/24 27/11/24	Individually priced: Eyebrow £5.50 Lip £5.50 Chin £5.50 Lip & chin £8.50 Underarm £6.50 Bikini (standard) £7.50 Half leg £9.00 Full leg £12.00



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<p>LUXURY MANICURES WITH STANDARD POLISH (Group 2 1A) One-off treatments</p> <p>Client will receive a luxury manicure which could include:</p> <p>File, cuticle work, exfoliation, hand & arm massage, warm mitts or paraffin wax, mask and application of standard polish.</p> <p><i>Benefits include: Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.</i></p>	<p>WEDNESDAYS</p> <p>9.30am 10.15am</p>	<p>30/10/24 06/11/24 13/11/24 20/11/24</p>	<p>£10 per treatment</p>
<p>MANUAL FULL BODY MASSAGE (Group 3 1A) One-off treatments</p> <p>Manual full body massage (including facial massage) using pre-blended oils.</p> <p>This treatment is aimed at relieving tension, boosting circulation, promoting a feeling of wellbeing and reducing stress levels.</p>	<p>WEDNESDAYS</p> <p>2.15pm</p>	<p>27/11/24 04/12/24</p>	<p>£15 per treatment (Limited spaces available)</p>
<p>LUXURY MANICURES WITH STANDARD POLISH (Group 2 1B) One-off treatments</p> <p>Client will receive a luxury manicure which could include:</p> <p>File, cuticle work, exfoliation, hand massage, mask, warm mitts or paraffin wax and application of standard polish.</p> <p><i>Benefits include: Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.</i></p>	<p>THURSDAYS</p> <p>9.15am 11am</p>	<p>14/11/24 21/11/24 28/11/24 05/12/24 12/12/24</p>	<p>£10 per treatment</p>



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<p>WAXING (Group 1B) One-off treatments</p> <p>Effective hair removal using hot wax or strip wax.</p> <p><i>Benefits include smoother, softer skin. Waxing treatments provide longer lasting results than from shaving or from using hair removal creams.</i></p>	<p>THURSDAYS</p> <p>2.30pm 3.30pm</p>	<p>31/10/24 07/11/24 14/11/24 21/11/24 28/11/24 05/12/24 12/12/24</p>	<p>Individually priced:</p> <p>Eyebrow £5.50 Lip £5.50 Chin £5.50 Lip & chin £8.50 Underarm £6.50 Bikini (standard) £7.50 Back £6.50 Chest £6.50 Nostrils £5.50 Ears £5.50 Half leg £9.00 Full leg £12.00</p>
<p>LUXURY MANICURES WITH STANDARD POLISH OR GEL POLISH (Group 1B) One-off treatments</p> <p>Luxury manicure with standard polish or Shellac polish - includes either heated mitts or paraffin wax. The gel polish is dried immediately under LED/UV light and can last for up to 2 weeks without chipping.</p> <p><i>Benefits include: Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health. Shellac adds a long-lasting glossy finish to the nails.</i></p> <p><i>(We do not remove gel polish applied by other salons).</i></p>	<p>THURSDAYS</p> <p>10.30am</p>	<p>31/10/24 07/11/24 14/11/24 21/11/24</p>	<p>Shellac application £15 Removal and re-apply £10 Standard polish £10 Removal FOC</p>



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<p>LUXURY PEDICURES WITH GEL POLISH (Group 1B) One-off treatments</p> <p>Luxury pedicure with Shellac polish - includes either heated booties or paraffin wax. Shellac polish can last for up to 2 weeks without chipping and adds a long-lasting glossy finish to the nails.</p> <p>There is no need to bring open toe shoes as the gel polish is dried immediately under LED/UV light.</p> <p><i>Benefits include: Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.</i></p> <p><i>(We do not remove gel polish applied by other salons).</i></p>	<p>THURSDAYS</p> <p>10.30am</p>	<p>20/02/25 27/02/25 06/03/25 13/03/25</p>	<p>Shellac application £15 Removal and re-apply £10 Removal FOC</p>
<p>ADVANCED BODY ELECTROTHERAPY TREATMENTS (Group 1B) One-off treatment</p> <p>The client can choose one from the following options:</p> <p>Body pressure therapy on legs: <i>Increases flexibility, relieves muscle pain, decreases muscle fatigue, boosts circulation and reduces water retention by improving lymphatic circulation.</i></p> <p>Or</p> <p>Thermavisage treatment on legs: <i>Anti-cellulite treatment to reduce the appearance of cellulite by breaking down fat cells and increasing blood circulation and drainage to the lymphatic system.</i></p>	<p>THURSDAYS</p> <p>14/11/24</p> <p>9.30am 11am</p>	<p>THURSDAYS</p> <p>14/11/24</p> <p>9.30am 11am</p>	<p>£15 per treatment (Limited spaces available)</p>



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<p>ADVANCED FACIAL ELECTROTHERAPY TREATMENTS (Group IB) One-off treatments</p> <p>Clients can choose from the following:</p> <p>Thermavisage facial treatment: An anti-ageing facial treatment tailored to your skin type using low electrical currents which passes to the deeper layers of the skin to produce several therapeutic effects.</p> <p>or</p> <p>Eve Taylor Facial Peel* (advanced exfoliation treatment). This treatment can drastically improve skin clarity and tone by removing dead skin cells and stimulating the production of new cells.</p> <p><i>*Clients must have a skin test at least 48hrs (and no longer than 7 days) before every facial peel treatment. Patch test is carried out in the training salons.</i></p> <p><i>Benefits include: toning& firming/improved skin texture/ reduction in fine lines/deep cleansing, anti-ageing and an improved overall appearance of the skin.</i></p>	<p>THURSDAYS</p> <p>9.30am 11.15am</p>	<p>21/11/24 28/11/24</p>	<p>£15 per treatment</p>



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TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
<p>GRADED UNIT 2 FACE <u>or</u> BODY ELECTROTHERAPY TREATMENTS (Group IB)</p> <p>8 - Week case study (each treatment approx. 75mins) with 1 extra date to include consultation and complementary treatment.</p> <p>This study requires the therapist to design a suitable treatment package according to the client's needs and from which the client will benefit most. This will be done on the first date (16/01/25) *and will include a complementary treatment.</p> <p>The client can choose either a face <u>or</u> body treatment and will receive a combination of some of the manual and electrical treatments listed below for 8 weeks. Client must be able to attend all 8 sessions to allow student to complete the unit.</p> <p>FACE: 9.30am ThermaVisage/microdermabrasion/micro-brushing/microlift/ vacuum suction/galvanic current/high frequency/facial peels (Eve Taylor advanced exfoliation system) *</p> <p><i>Purpose:</i> Anti-ageing/improved skin condition/firming/lifting/reduction in fine lines and improved skin tone</p> <p><i>*Clients must have a skin test at least 48hrs (and no longer than 7 days) before every facial peel treatment. Patch test is carried out in the training salons.</i></p> <p>BODY: 11.15am ThermaVisage/microdermabrasion/body pressure therapy/ microlift/vacuum suction/faradic current/galvanic current/infra-red/spa treatments</p> <p><i>Purpose:</i> Weight reduction/cellulite reduction/improved skin texture/muscle tone/lymphatic drainage/firming and toning</p>		<p>THURSDAYS</p> <p>Face @ 9.30am</p> <p>Body @11.15am</p> <p>16/01/25* Consultation and complementary treatment</p> <p>23/01/25 30/01/25 06/02/25 13/02/25 20/02/25 27/02/25 06/03/25 13/03/25</p>	<p>Face <u>or</u> body</p> <p>£80 for 8 weeks or Pay £10 weekly</p> <p>Combined face & body</p> <p>£160 for 8 weeks or Pay £20 weekly</p>



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TREATMENT	DAY & TIME	DATE	PRICE
<p>MAKE-UP & EYELASH ENHANCEMENTS (Group 2 1B) One-off treatments</p> <p>Clients can choose from the following:</p> <p>Day make-up Special occasion make-up (bridal) Evening make-up</p> <p>Semi-permanent eyelash extensions (individual lashes) * Semi-permanent eyelash extensions maintenance* (infills and removal) Eyelash & eyebrow tinting* Eyelash tint * Eyebrow tint * Brow shaping (using tweezers)</p> <p><i>**Clients must have a skin test (tint and/or glue test) at least 48hrs (and no longer than 7 days) before every treatment. Patch test is carried out in the training salons.</i></p>	<p>FRIDAYS</p> <p>1.30pm</p>	<p>29/11/24 06/12/24 13/12/24</p>	<p>Individually priced</p> <p>Eyelash tint £7 Eyebrow tint £6 Eyelash & brow tint £11 Individual lashes £15 Eyelash infills £11 Brow shaping FOC Make-up FOC Strip lashes £4.50 Flare lashes £4.50</p> <p>(Make-up is free of charge with any lash treatments)</p>



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Important information

REMINDER

Due to the student training schedule, we are not always able to offer all of the listed services. At times, treatments and services might have to be cancelled/changed at short notice due to unforeseen circumstances. UHI Inverness is a teaching and learning environment and your appointment may take longer than expected. However, this is reflected in our price list and the students and staff will make every effort to ensure our clients have an enjoyable and professional experience.

No babies, toddlers or children under the age of 12 years are allowed in the salons. We do not offer any services to anyone under the age of 12 years.

TINTING

It is a Health & Safety requirement that clients must have an allergy alert test at least 48 hrs prior to every eyelash or eyebrow tinting, spray tanning, facial peels, lash lift, creative brows or application of false lashes.* The patch test must be carried out within the learning and teaching environment by our students. Unfortunately, these treatments* cannot be carried out without a valid skin test in place.

No colour treatments, tanning treatments waxing, nail or lash extensions are carried out on children under the age of 16 years.

LATE ARRIVALS

Should you arrive late for your appointment, your treatment might not be carried out due to time constraints.

MEDICAL CONDITIONS

Our clients are very important to us and to ensure clients receive the best care possible, a consultation is carried out prior to any treatments.

The following are a few examples of certain medical conditions that may restrict, prevent, or require medical consent for some of the treatments on offer: *cancer, diabetes, epilepsy, heavy medication, heart problems, pacemaker, recent surgery, thyroid conditions, varicose veins, deep vein thrombosis or skin diseases (e.g.cold sores).*

Should you suffer from any other medical condition or are in any doubt, please feel free to contact us before making an appointment. Your enquiry will be treated in the strictest of confidence.

Treatments that are fully booked will no longer appear on this summary

For appointments please call tel: 01463 273273

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