



# Brèagha Training Salons

## Beauty Treatment Summary from JAN 2025

For appointments please call tel: 01463 273273

Salon opening times: Mon - Fri 9am - 4.30pm

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE																
<p>MANUAL FACIAL TREATMENTS (Group 1A) One-off treatments</p> <p>Include: Cleanse, tone, exfoliate, skin analysis, steam or hot towels, facial massage, mask, moisturise</p> <p><i>A relaxing facial tailored to your skin type. Benefits include a more nourished and rejuvenated skin, increased blood circulation and an improved overall appearance of the skin.</i></p>	<p>MONDAYS</p> <p>1.15pm 2.45pm</p>	<p>27/01/25 03/02/25 10/02/25 24/02/25 03/03/25 10/03/25 17/03/25 24/03/25 31/03/25</p>	<p>£12 per treatment</p>																
<p>MANUAL FULL BODY MASSAGE (Group 3 1A) One-off treatments</p> <p>Manual/and or mechanical full body massage aimed at relieving tension.</p> <p><i>Pre-heat treatments such as paraffin wax and infra-red may be applied.</i></p> <p><i>Mechanical massage such as G5 and audio sonic may also be included if required.</i></p>	<p>TUESDAYS</p> <p>2.15pm 3.45pm</p>	<p>11/03/25 18/03/25</p>	<p>£15 per treatment</p>																
<p>WAXING (Group 2 1B) One-off treatments</p> <p>Effective hair removal using hot wax or strip wax.</p> <p><i>Benefits include smoother, softer skin. Waxing treatments provide longer lasting results than from shaving or from using hair removal creams.</i></p>	<p>WEDNESDAYS</p> <p>9.15am 10.30am</p>	<p>15/01/25 22/01/25 29/01/25 05/02/25 26/02/25</p>	<p>Individually priced:</p> <table border="0"> <tr> <td>Eyebrow</td> <td>£5.50</td> </tr> <tr> <td>Lip</td> <td>£5.50</td> </tr> <tr> <td>Chin</td> <td>£5.50</td> </tr> <tr> <td>Lip &amp; chin</td> <td>£8.50</td> </tr> <tr> <td>Underarm</td> <td>£6.50</td> </tr> <tr> <td>Bikini (standard)</td> <td>£7.50</td> </tr> <tr> <td>Half leg</td> <td>£9.00</td> </tr> <tr> <td>Full leg</td> <td>£12.00</td> </tr> </table>	Eyebrow	£5.50	Lip	£5.50	Chin	£5.50	Lip & chin	£8.50	Underarm	£6.50	Bikini (standard)	£7.50	Half leg	£9.00	Full leg	£12.00
Eyebrow	£5.50																		
Lip	£5.50																		
Chin	£5.50																		
Lip & chin	£8.50																		
Underarm	£6.50																		
Bikini (standard)	£7.50																		
Half leg	£9.00																		
Full leg	£12.00																		



# Brèagha Training Salons

## Beauty Treatment Summary from JAN 2025

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE																
<p>LUXURY MANICURE and PEDICURE with standard polish (Group 1A) One-off treatments Treatment time approximately 3hrs</p> <p>Client will receive a luxury manicure and a luxury pedicure</p> <p>Treatment for nails and toes include: file, exfoliation, cuticle work, paraffin wax/heated mitts or boots, massage and standard polish</p> <p><i>**Please remember to bring open toe shoes. (We do not remove gel polish or nail extensions applied by other salons)</i></p>	<p>WEDNESDAYS</p> <p>9.30am</p>	<p>22/01/25 29/01/25 05/02/25 12/02/25 19/02/25 26/02/25 05/03/25 12/03/25 19/03/25 26/03/25</p>	<p>£15 for package (SPECIAL OFFER)</p>																
<p>WAXING (Group 2 1A) One-off treatments</p> <p>Effective hair removal using hot wax or strip wax.</p> <p><i>Benefits include smoother, softer skin. Waxing treatments provide longer lasting results than from shaving or from using hair removal creams.</i></p>	<p>WEDNESDAYS</p> <p>1.15pm 1.45pm</p>	<p>08/01/25 15/01/25 22/01/25 29/01/25 05/02/25 12/02/25 19/02/25 26/02/25 05/03/25 12/03/25 19/03/25 26/03/25 02/04/25</p>	<p>Individually priced:</p> <table border="0"> <tr> <td>Eyebrow</td> <td>£5.50</td> </tr> <tr> <td>Lip</td> <td>£5.50</td> </tr> <tr> <td>Chin</td> <td>£5.50</td> </tr> <tr> <td>Lip &amp; chin</td> <td>£8.50</td> </tr> <tr> <td>Underarm</td> <td>£6.50</td> </tr> <tr> <td>Bikini (standard)</td> <td>£7.50</td> </tr> <tr> <td>Half leg</td> <td>£9.00</td> </tr> <tr> <td>Full leg</td> <td>£12.00</td> </tr> </table>	Eyebrow	£5.50	Lip	£5.50	Chin	£5.50	Lip & chin	£8.50	Underarm	£6.50	Bikini (standard)	£7.50	Half leg	£9.00	Full leg	£12.00
Eyebrow	£5.50																		
Lip	£5.50																		
Chin	£5.50																		
Lip & chin	£8.50																		
Underarm	£6.50																		
Bikini (standard)	£7.50																		
Half leg	£9.00																		
Full leg	£12.00																		



# Brèagha Training Salons

## Beauty Treatment Summary from JAN 2025

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
<p>PROFESSIONAL SALON SKILLS (Group IB)</p> <p>3 x treatments for skills - 1hr</p> <p>Clients can choose 3 treatments from the following:</p> <ul style="list-style-type: none"><li>Mini facial</li><li>Mini back massage</li><li>File &amp; polish</li><li>Half leg wax</li><li>Eyebrow wax</li></ul> <p>All treatments must be completed within the prescribed time frame.</p>	<p>THURSDAYS</p> <p>2.30pm</p>	<p>06/02/25 20/02/25</p>	<p>£10 per treatment pack- age</p>
<p>PROFESSIONAL SALON SKILLS - TRADE TEST (Group IB)</p> <p>4 x treatments – 1hrs 15 mins</p> <p>Clients will receive <u>all</u> the following treatments:</p> <ul style="list-style-type: none"><li>Mini facial</li><li>File &amp; polish</li><li>Back, neck &amp; shoulder massage</li><li>Half leg wax</li></ul> <p>All treatments must be completed within the prescribed time frame.</p>	<p>THURSDAYS</p> <p>2pm</p>	<p>27/02/25</p>	<p>£12 per treatment pack- age</p>



# Brèagha Training Salons

## Beauty Treatment Summary from JAN 2025

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
<p>GRADED UNIT 2 FACE <u>or</u> BODY ELECTROTHERAPY TREATMENTS (Group 1B)</p> <p><b>8 - Week case study</b> (each treatment approx. 75mins) with 1 extra date to include consultation and complementary treatment.</p> <p>This study requires the therapist to design a suitable treatment package according to the client's needs and from which the client will benefit most. This will be done on the first date (16/01/25) *and will include a complementary treatment.</p> <p>The client can choose either a face <u>or</u> body treatment and will receive a combination of some of the manual and electrical treatments listed below for 8 weeks. Client must be able to attend all 8 sessions to allow student to complete the unit.</p> <p><b>FACE: 9.30am</b> ThermaVisage/microdermabrasion/micro-brushing/microlift/vacuum suction/galvanic current/high frequency/facial peels (Eve Taylor advanced exfoliation system) *</p> <p><i>Purpose:</i> <i>Anti-ageing/improved skin condition/firming/lifting/reduction in fine lines and improved skin tone</i></p> <p><i>*Clients must have a skin test at least 48hrs (and no longer than 7 days) before every facial peel treatment. Patch test is carried out in the training salons.</i></p> <p><b>BODY: 11.15am</b> ThermaVisage/microdermabrasion/body pressure therapy/microlift/vacuum suction/faradic current/galvanic current/infra-red/spa treatments</p> <p><i>Purpose:</i> <i>Weight reduction/cellulite reduction/improved skin texture/muscle tone/lymphatic drainage/firming and toning</i></p>	<p>THURSDAYS</p> <p>Face @ 9.30am</p> <p>Body @11.15am</p>	<p>16/01/25* <b>Consultation and complementary treatment</b></p> <p>23/01/25 30/01/25 06/02/25 13/02/25 20/02/25 27/02/25 06/03/25 13/03/25</p>	<p>Face <u>or</u> body</p> <p>£80 for 8 weeks or Pay £10 weekly</p> <p><b>Combined face &amp; body</b></p> <p>£160 for 8 weeks or Pay £20 weekly</p>



# Brèagha Training Salons

## Beauty Treatment Summary from JAN 2025

TREATMENT & DESCRIPTION	DAY & TIME	DATE	PRICE
<p>LUXURY PEDICURES WITH GEL POLISH (Group 1B) One-off treatments</p> <p>Luxury pedicure with Shellac polish - includes either heated booties or paraffin wax. Shellac polish can last for up to 2 weeks without chipping and adds a long-lasting glossy finish to the nails.</p> <p>There is no need to bring open toe shoes as the gel polish is dried immediately under LED/UV light.</p> <p><i>Benefits include: Improved appearance of the nails by removing rough skin and dead skin cells to enhance overall nail health.</i></p> <p><i>(We do not remove gel polish applied by other salons).</i></p>	<p>THURSDAYS</p> <p>10.30am</p>	<p>20/02/25 27/02/25 06/03/25 13/03/25</p>	<p>Shellac application £15 Removal and re-apply £10 Removal FOC</p>
<p>MANUAL FACIAL TREATMENTS (Group 1B) One-off treatments</p> <p>Include: Cleanse, tone, exfoliate, skin analysis, steam or hot towels, facial massage, mask, moisturise</p> <p><i>A relaxing facial tailored to your skin type. Benefits include a more nourished and rejuvenated skin, increased blood circulation and an improved overall appearance of the skin.</i></p>	<p>FRIDAYS</p> <p>1.30pm</p>	<p>24/01/25 31/01/25 07/02/25 14/02/25 21/02/25 28/02/25 07/03/25 14/03/25 21/03/25 28/03/25</p>	<p>£12 per treatment</p>



# Brèagha Training Salons

## Important information

### REMINDER

Due to the student training schedule, we are not always able to offer all of the listed services. At times, treatments and services might have to be cancelled/changed at short notice due to unforeseen circumstances. UHI Inverness is a teaching and learning environment and your appointment may take longer than expected. However, this is reflected in our price list and the students and staff will make every effort to ensure our clients have an enjoyable and professional experience.

No babies, toddlers or children under the age of 12 years are allowed in the salons. We do not offer any services to anyone under the age of 12 years.

### TINTING

It is a Health & Safety requirement that clients must have an allergy alert test at least 48 hrs prior to every eyelash or eyebrow tinting, spray tanning, facial peels, lash lift, creative brows or application of false lashes.\* The patch test must be carried out within the learning and teaching environment by our students. Unfortunately, these treatments\* cannot be carried out without a valid skin test in place.

No colour treatments, tanning treatments waxing, nail or lash extensions are carried out on children under the age of 16 years.

### LATE ARRIVALS

Should you arrive late for your appointment, your treatment might not be carried out due to time constraints.

### MEDICAL CONDITIONS

Our clients are very important to us and to ensure clients receive the best care possible, a consultation is carried out prior to any treatments.

The following are a few examples of certain medical conditions that may restrict, prevent, or require medical consent for some of the treatments on offer: *cancer, diabetes, epilepsy, heavy medication, heart problems, pacemaker, recent surgery, thyroid conditions, varicose veins, deep vein thrombosis or skin diseases (e.g.cold sores).*

Should you suffer from any other medical condition or are in any doubt, please feel free to contact us before making an appointment. Your enquiry will be treated in the strictest of confidence.

**Treatments that are fully booked will no longer appear on this summary**

**For appointments please call tel: 01463 273273**

[www.inverness.uhi.ac.uk/breagha](http://www.inverness.uhi.ac.uk/breagha)



@Breaghahairandbeauty



@breaghahairandbeauty

Facebook:

<https://www.facebook.com/Breaghahairandbeauty>

Instagram:

[https://instagram.com/breaghahairandbeauty?utm\\_source=qr](https://instagram.com/breaghahairandbeauty?utm_source=qr)